

City of Pembroke Pines

Water Safety & Drowning Prevention



Important Facts

- Drowning is the #1 leading cause of death among children ages 1- 4
- Florida is ranked highest in the United States for unintentional drownings among children ages 1- 4
- 70% of child drowning incidents occur in public and private pools



Important Facts



- Drowning is the leading cause of death for children with autism from the age of 14 and younger.
- Distracted caregivers are the primary factor in child drowning incidents.
- Most drownings happen without a sound



Swim Safety Facts

- Water survival skill training and swim lessons drastically reduce the risk of drowning in children under 5 years old
- It is safe to start introducing babies to water when they are 6 months of age
- By their fourth birthday, most children are ready for swim lessons



Do Not Rely on Swim Aids

- Swim aids such as water wings or noodles are fun toys for kids, but they should never be used in place of a U.S. Coast Guard-approved personal flotation device (PFD)



Layers of Protection



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| Know | Always know your surroundings, including possible drowning risks at home or when traveling |
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| Ensure | Ensure a trusted caregiver always supervises young children |
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| Leave | Never leave a child alone near water, even for a second |
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| Assign | Assign a Water Watcher and use touch supervision |
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| Don't assume | When a large group is present, don't assume someone is watching your child |
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Keep Safety in Mind



- Install and maintain a 4-foot pool fence and self-closing, self-latching gate and doors
- Secure and lock all doors, windows, and pet doors in your home that lead to your pool
- Install and routinely check door chimes and pool alarms



Pembroke Pines is Committed to Safety

Water Safety Day

Saturday
May 6, 2023
10am-12pm
Academic Village Pool
17191 Sheridan Street
Pembroke Pines, FL 33029

*'Be Cool
in the Pool'*

The Recreation Department along with our Fire Department are hosting a day in the pool filled with **water related activities, giveaways, a live DJ, light refreshments and snacks.** We will have a limited number of vouchers for **free swimming lessons, safety demos,** and also be demonstrating other ways to be safe in the water. Bring your swimwear and towels.

Visit www.ppines.com/specialevents
or call 954-392-2116



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**DESIGNATED
WATER WATCHER**



SAFETY RULES



- 1.** When swimming in a public pool, always stay in areas supervised by lifeguards.
- 2.** Never leave a child unattended near water, and don't trust your child's life to another child.
- 3.** Make sure everyone in your family knows how to swim well.
- 4.** If you own a pool, make sure to have the proper safety barriers and alarms.
- 5.** Many children drown in pools when left out of sight; it only takes seconds to drown.

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