

## **2020-2021 Mental Health Assistance Allocation Plan**

### **School Information**

School Name: City of Pembroke Pines Charter Schools- Elementary Schools

(Central, East, West Campuses)

School Address: 10801 Pembroke Road Pembroke Pines, FL 33025

School Number: 5051

District: Broward

Grades Served: K-5

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### **Mental Health Assistance Allocation Plan**

The Pembroke Pines Charter School is dedicated to providing evidence based mental health services through interventions in a multi-tiered system of supports that address mental health concerns for every student. The goal is that all students receive the highest level of emotional support in order to thrive in school, family and community.

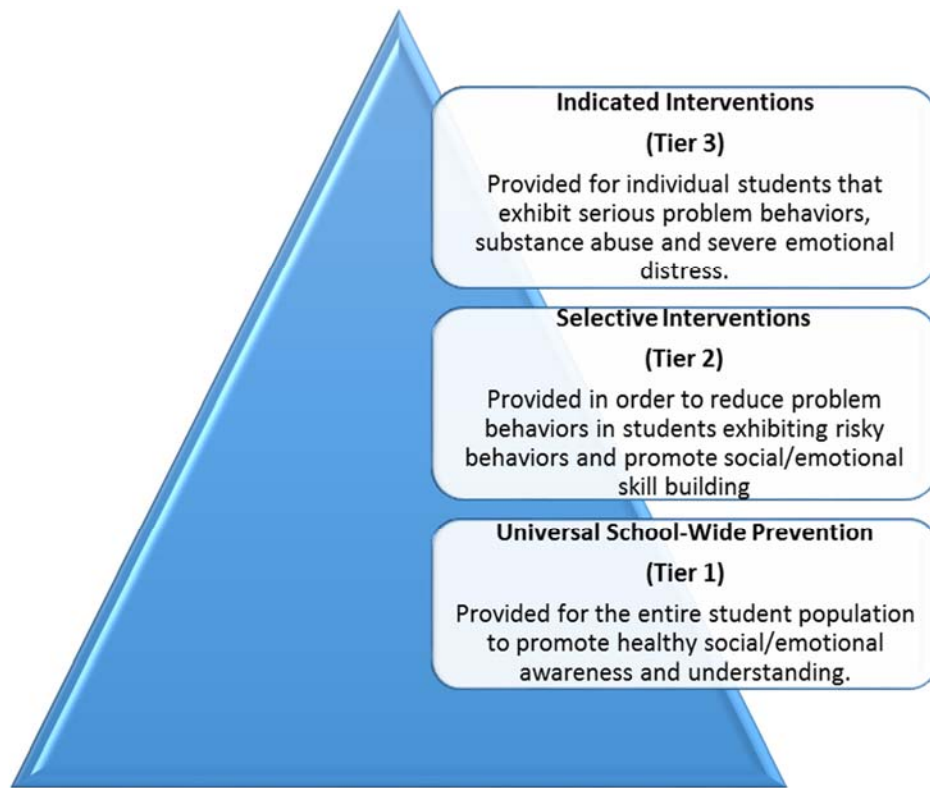
#### **1. Delivery of mental health services to all students.**

- Members of the school-based student support team which include administrators, school counselors, school interventionist, a social worker, ESE specialists, SRO's, and instructional members will provide classroom instruction on social-emotional growth/awareness topics for students and establish programs on social-emotional learning including curriculum.
- To address at-risk students developing social-emotional or behavioral problems, depression, anxiety disorders, suicidal tendencies, or substance abuse disorders, we have programs (e.g., School-counselor led small groups and presentations, HOPE, Sandy Hook Promise, CASEL Program, PATHS Program, Inner Explorer Program, GRADE, GREAT, Drug Prevention, Nearpod, Selina, Everfi, BrainPop, Safer Smart Kids, Lauren's Kids, Social Thinking, Zones of Regulation, Centervention, No Place for Hate, etc.) to help educate and provide prevention strategies.
- We are following the FLDOE Legislation on the Hope for Healing Florida Campaign.

- Delivery of mental health services will be primarily initiated by a school-based support team. The school-based support team will also coordinate with the district as well as outside agencies for wraparound services.
- The school-based support team will be responsible for establishing proper training for all staff using tools adopted from the National Center on Safe Supportive Learning Environments. Using the diagram below, the school-based support team will provide Tier 2 and Tier 3 support (e.g., small group and individual counseling).
- Identified staff members will be sent to the State's Youth Mental Health First Aid (YMHFA) training to become certified "Train the Trainers". These staff members will train all instructional and non-instructional staff members. We currently have three certified YMHFA Trainers who are working deliberately to train all K-12 instructional and non-instructional staff.

## **National Center for Safe Supportive Learning Environments**

### **Multi-Tiered System of Supports (MTSS)**



## **The MTSS- Examples of Interventions at each Tier**

### **A. Tier 1- Universal School-Wide Prevention**

- a. A school-wide positive behavior plan
- b. Needs assessments
- c. Each student is able to identify an adult staff mentor
- d. Social/emotional awareness student training via assemblies and classroom visits
- e. Social-Emotional Learning (SEL) staff training and curriculum via classroom lessons and assemblies
- f. Parent workshops on topics specific to mental health, warning signs, stress reduction, etc.
- g. Helping Overcome Problems Effectively (HOPE) Club members provide peer outreach at the secondary level.

### **B. Tier 2- Selective Interventions**

- a. Small groups focused on several topics based on student need
- b. Adult mentor assigned based on additional student needs
- c. Evidenced-based interventions using Positive Behavior Intervention & Supports (PBIS) resources
- d. Providing families with community resources and supports

### **C. Tier 3- Indicated Interventions**

- a. Positive Behavior Intervention Plan implemented based on the Functional Behavior Plan
- b. Increased services through community agencies/mental health providers/primary care providers through referral procedures.
- c. Consistent communication and regular follow up conferences with families.
- d. One-on-one school-based short term counseling.
- e. Crisis management procedures in place to ensure safety and de-escalation of student's behavior in emergency situations.

## **2. Evidence-based supports provided**

- Staff training on identification of mental health concerns using a documented step by step process and referral system by utilizing our uniform system for multi-tiered student support.
- Small and large group counseling services and life skills training provided by mental health professionals.

- The school based support team will be responsible for providing the appropriate universal screening of students (e.g., needs assessments, rating scales).
- Addressing Tier 2 or 3, the student intervention team will use targeted evidence- based assessments to identify additional services required. We will also consult with community- based agencies to address mental health referrals and/or substance abuse concerns.
- Students identified as having an emotional-behavioral disability, as part of the Exceptional Student Education (ESE) program may be provided with Family Mental Health Counseling, as part of related services, of their Individualized Education Plan (IEP)
- Students and families identified as needing additional support from community resources shall be referred to the school social worker (SSW). Any time a SSW referral is made, this is equivalent to a school based behavioral intervention as part of the RTI/ Collaborative Problem Solving Process- this requires formal RTI documentation and progress monitoring through BASIS/FOCUS (includes referrals to community agencies: family discord, drug/ alcohol, mental health, etc).
- Students and families identified as needing support for substance use concerns are referred to school social worker. Students and families may be referred to but not limited to Memorial Healthcare Systems, Chrysalis Health and Harmony Development.
- The school-based mental health support team will implement and follow the Threat Assessment and/or Suicide Assessment policy, along with the Threat Assessment Team (TAT), and procedures in the manual provided by Broward County schools and the FLDOE. After determining the level of threat, the support team will be responsible for coordinating proper services for the student.
- Three staff members have been trained and more may be sent to the State's Youth Mental Health First Aid (YMHFA) training to become certified "Train the Trainers". These staff members will train all instructional and non-instructional staff members.
  - ✓ All administrators and mental health support staff are certified in YMHFA.
  - ✓ Over half of the K-12 system-wide instructional and non-instructional staff are certified in YMHFA.
  - ✓ Our goal is to continue to train all instructional and non-instructional staff to become certified in YMHFA.
  - ✓ We will begin recertifying our instructional and non-instructional staff members as their initial YMHFA Certifications expire starting in 2021.

- The school-based Student Support Team will use the Multi-Tiered System of Support/Response to Intervention (MTSS/RtI) to assess, diagnose, provide interventions and treatment, and offer recovery services for student mental health needs.
3. **To reduce staff-to-student ratios and meet student mental health assistance**, the Pembroke Pines Charter Schools have direct employment of school-based mental health service providers including but not limited to: a school social worker, school counselors (13 Certified Counselors K-12) and other health professionals.
4. **Strategies to increase the amount of time student services personnel spend providing direct mental health services.**
- Based on prior school year's data collection, administrators will review and revise student support personnel allocation and assigned roles based on mental health assistance needs.
  - Administrators collaborate with mental health team members to determine the best allocation of roles to service the student population.
  - Student support team members collaborate to determine the best use of team resources to support specific individualized student needs.
  - We have hired additional staff (e.g., Social Worker and Interventionist) to help to support student needs and to assist student services personnel.

#### 5. **Collaborative Partnerships with Community based Providers/Agencies**

- Multiple municipally sponsored **mental health and family education events** are scheduled throughout the year.
- The following is a list of **potential providers and agencies** that we will use to provide services:
  - Department of Children and Families
  - City of Pembroke Pines Police Department
  - The Institute for Child and Family Health, Inc.
  - Camelot Community Care
  - Chrysalis
  - Memorial Health Services
  - Big Brother's, Big Sister's
- **Mental Health Service Providers** and credentials contracted by the Charter School
  - Broward County Public Schools SEDNET Behavioral Agencies
  - Broward County Public Schools Student Support Services
  - Camelot Community Care-Academic Village
  - Broward County Schools
  - Social Worker- FSU
  - School Psychologists- FSU

6. Our system has **established policies and procedures**, in alignment with Broward County Schools, to ensure:

- The school-based support team completes the intake/triage form, to include mental health screening, to determine student mental health needs.
- Based on the recommendations resulting from the screening, the school-based support team collaborates with school-based mental health team providers to initiate referral for further identification and assessment.
- The Social Worker, having received the school-based referral, will refer to community-based providers, adhering to the 15 day mandate.
- School Social Worker will follow-up with community based providers to obtain information on the status of the referral.
- The school-based mental health support team will ensure counseling and support, within the school setting, throughout the process.
- Social Worker will follow-up to help ensure that community mental health services are initiated within the 30 day mandate.

7. **Coordinating Mental Health Services with Primary Care Providers/Mental Health Providers**

- A universal system of record keeping will be maintained by the school support member(s) and/or school-based social worker on every student while strongly adhering to FERPA law.
- Parents will be encouraged to complete the Authorization for Release and/or Request for Information form provided by The School Board of Broward County to facilitate the consultation/collaboration between school-based personnel and primary care/mental health providers.
- The school-based support team staff will use a standard system of referral for intervention services.
- As part of the charter systems vertical alignment, the school-based support team staff will conduct annual matriculation meetings between campuses during which time all records will be transferred and shared.

8. **Programs to Reduce At-Risk Students Developing Social-Emotional or Behavior Problems:**

- We will use data collected through the following means for identifying targeted services on our MTSS/RtI: needs assessment, disciplinary records, academic records, and referrals.
- Within the MTSS/RtI, progress will be monitored and data collected.
- A member of the school intervention team will be designated as the primary contact for the data collection and will coordinate with contracted mental health providers.

## **9. Mental Health Support**

- For students with one or more co-occurring mental health/substance abuse diagnoses, the school based clinical social worker will perform the following but not limited to:
  - Engage in appropriate assessment activities that result in the identification of the special needs of individual students.
  - Plan and conduct appropriate mental health interventions to include short term solution focused individual, group and family counseling services.
  - Facilitate the monitoring of services, referrals, resources and other activities while maintaining appropriate reports and record keeping procedures.

## **10. Collaborative Partnerships with Community based Providers/Agencies**

- The following is a list of providers and agencies that we will use to provide services:
  - Broward County Public Schools SEDNET Behavioral Agencies
  - Broward County Public Schools Student Support Services
  - Department of Children and Families
  - City of Pembroke Pines Police Department
  - The Institute for Child and Family Health, Inc.
  - Memorial Health Care System
  - Henderson Behavioral Health
  - Camelot Community Care
  - Chrysalis
- Coordinating Mental Health Services with Primary Care Providers/Mental Health Providers
- A universal system of record keeping will be maintained by the school interventionist and/or school based social worker on every student while strongly adhering to FIRPA law.
- Parents will be encouraged to complete the Authorization for Release and/or Request for Information form provided by The School Board of Broward County to facilitate the consultation/collaboration between school-based personnel and primary care/mental health providers.
- We will use a standard system of referral for intervention services.

- As part of our vertical alignment, we will conduct annual matriculation meetings between campuses during which time all records will be transferred and shared.

11. We will utilize **funds from the mental health allocation** to fund personnel costs.

<b>Function</b>	<b>Object</b>	<b>Account Title and Narrative</b>	<b>Estimated Amount</b>	<b>% Allocated to this Project</b>
6100	130/310	Personnel Costs for In-House and Contractual Mental Health Professionals.	\$62,464	100%

## 12. Assurance Statement

The mental Health Assistance Allocation provided to the City of Pembroke Pines will not be used to supplant other funding sources, increase salaries or provide staff bonuses.

13. **We will continue to make referrals to our community mental health agencies as well as maximize our sources of funding to support students and families.**

14. In order to help **track our mental health support services**, the school-based mental health provider(s) maintain records on students receiving support. The school social worker (SSW) maintains a database documenting all students have been referred for mental health, behavioral and substance abuse. The SSW shares this database information with the members of the student support team.

## 15. Mental Health Strategies

- Through school-wide Tier 1 MTSS/RtI, social-emotional curriculum and needs assessments, school personnel are able to identify individuals with social-emotional, behavioral or substance-abuse concerns, to improve the provision of early intervention services.
- Students having experienced trauma and/or violence will be referred to the appropriate school-based and/or community-based services.