



Legislation Text

File #: 20-0625, Version: 1

MOTION TO APPROVE THE COLLABORATION AGREEMENT BETWEEN THE CITY OF PEMBROKE PINES/SOUTHWEST FOCAL POINT SENIOR CENTER AND BAPTIST HEALTH SOUTH FLORIDA FOR THE PROMOTION OF HEALTH AND WELLNESS FOR A ONE (1) YEAR PERIOD COMMENCING SEPTEMBER 1, 2020 TO AUGUST 31, 2021.

SUMMARY EXPLANATION AND BACKGROUND:

1. Original Agreement passed with Agenda Item# 14-2922 in January, 2014. Baptist Health South Florida has been providing health screenings and exercise classes at no cost to our members. Subsequently the original agreement was renewed for additional years with the last 7th Amendment completed for the period of June 1, 2019 to May 31, 2020.
2. Following the Centers for Disease Control and Prevention guidelines of social distancing to promote infection prevention in light of Coronavirus (COVID-19), Baptist Health South Florida will be postponing all in-person community health classes. The Collaboration Agreement for the Promotion of Health and Wellness will provide exercise classes in an effort to continue Baptist Health South Florida's mission. As per this agreement the classes shall be held either "In Person" at the Center, "Virtually" or in a "Hybrid Format". FREE virtual exercise classes to our members will be held twice a week via zoom by a professional instructor provided by the City.
3. Virtual Classes Schedule consist of: Low Impact including but not limited to Yoga, chair exercise and related exercise classes, and High Impact including but not limited to Zumba, Joy Danz, Senior Total Fitness. Exercise classes will be held twice a week Mondays and Fridays 9:00 AM - 10:00 AM., with the total number of classes not to exceed two (2) per week.
4. The City will invoice Baptist once a month for each class that took place in accordance with the schedule. The reimbursement rate for the Low Impact and High Impact classes is \$45.00 per class.
5. Requesting Commission approval to continue providing services to our Senior Community.

FINANCIAL IMPACT DETAIL:

- a) **Initial Cost:** Approximately \$120 for FY19-20 and \$1,780 for FY20-21. The professional instructor provided by the City pay rate will range between \$50/hr to \$65/hr.
- b) **Amount budgeted for this item in Account No:** Revenue Account 1-347556-8001 Recreation Classes by Staff, Six (6) classes calculated for FY19-20 and Eighty nine (89) for FY20-21 at a pay rate of \$45 per class. Expense Account: 1-569-8001-34990 Contractual Serv-Other.
- c) **Source of funding for difference, if not fully budgeted:** Not Applicable.
- d) **5 year projection of the operational cost of the project:** Not Applicable".

	Current FY	Year 2	Year 3	Year 4	Year 5
Revenues	\$270.00	\$4,005.00			
Expenditures	\$390.00	\$5,785.00			
Net Cost	\$120.00	\$1,780			

e) Detail of additional staff requirements: Not Applicable